

Case Study



Name:

Becky Walker

Occupation:

Senior Biomedical Scientist

City Hospital, Birmingham

My current position involves performing a range of microbiological and molecular techniques and associated computing tasks. All of these may require me to sit at one workstation for prolonged periods of time.

How did you find out about The Bambach Saddle Seat?

It was recommended by a physiotherapist, provided by the Access to Work organisation, who assessed my requirements for returning to work.

What made you try the Bambach?

Returning to work after 11 months of sick leave with severe back pain resulting in surgery to fuse vertebrae and decompress the sciatic nerve, I was unable to sit on normal laboratory seating for any length of time and needed to find an alternative. I applied for a 30 day trial of the Bambach as recommended by the physiotherapist and have not looked back since.

Has using the Bambach addressed the problems you wanted to overcome?

Yes! Having a saddle seat has enabled me to return to work and perform my duties without further back problems.

Comments

Although surgery has helped to address my back problems, I still have to be careful not to put unnecessary strain on my back. Having a Bambach has meant that I can sit comfortably for often prolonged periods of time which I would not be able to do in a conventional seat.

Would you recommend The Bambach Saddle Seat to fellow professionals?

Yes, without any hesitation. I would always recommend the Bambach to others with back problems



Visit www.bambach.co.uk/healthcare

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